



Role of Actin Cytoskeleton in E-cadherin-Based Cell–Cell Adhesion Assembly and Maintenance

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Abstract | The cellular cytoskeleton consisting of microtubules, intermediate filaments and the actin filaments is a dynamic structure providing shape and structural stability to cells. Particularly, the actin cytoskeleton formed by a combination of polymerized actin molecules and several other actin binding proteins including myosin is key to sensing and development of mechanical forces in cells. Given this and other features, the actin cytoskeleton has been implicated in a variety of cellular process including cellular motility and migration, cytokinesis, phagocytosis, cytoplasmic streaming, organelle transport, cellular transformation and metastasis, cellular metabolism, cell–matrix adhesion, and cell–cell adhesion. The latter is mediated by E-cadherin in the epithelial tissue and is fundamental to tissue morphogenesis and normal development. Here we discuss the role of the actin cytoskeleton in the assembly and maintenance of E-cadherin-based cell–cell adhesion through the formation of cellular appendages such as filopodia and lamellipodia and thus, impinging on one of the fundamental features of multicellular organisms.

Keywords: *Actomyosin, Adhesion, Cadherin, Cytoskeleton, Filopodia, Lamellipodia*

1 The Actin Cytoskeleton

Emerging from the assembly of monomeric globular actin molecules (G-actin) into double helical filaments (F-actin), in combination with various myosins (the acto-myosin complex), the actin cytoskeleton has been implicated in a wide variety of cellular process.^{1–3} For instance, it is acutely critical for the physical movement of cells, i.e. cellular motility and migration, a process that is essential for many biological phenomena under normal processes, such as embryonic development, tissue formation as well as disease conditions such as cancer metastasis and wound repair, which is acutely dependent on the dynamic assembly and disassembly of the actin cytoskeleton.^{4,5} Actin cytoskeleton is also required for cellular phenomena such as cytokinesis⁶, the process by which a cell divides into two, phagocytosis⁷, a process utilized by cells to engulf large particles such as during removal of pathogens, cytoskeletal streaming and organelle transport⁸, processes that facilitate intracellular movement of cytoplasmic

materials and organelles as well as cellular transformation and metastasis⁹, processes that result in development and dissemination of cancer cells to different parts of the body. Furthermore, the actin cytoskeleton has also been implicated in regulating cellular metabolism through which cells convert external sources of energy to more useful forms enabling cellular processes¹⁰ and cellular adhesion such as the cell–extracellular matrix adhesion or cell–cell adhesion through which cells interact with their microenvironment¹¹.

1.1 F-actin Assembly

To enable the above mentioned diverse set of functions, the assembly and disassembly of the actin cytoskeleton is required to be a continuous and dynamic process.^{1,3} However, actin monomers (G-actin) do not assemble into filaments spontaneously. This is largely due to a weak inter-monomeric interactions in actin dimers or trimers as well as effective sequestering of the

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monomers by actin binding proteins such as profilin and β -thymosin.^{12,13} However, this inhibition could be overcome by actin nucleators or nucleation complexes resulting in the formation of filamentous actin.^{14,15} Till date, there are three major classes of actin nucleators described in the literature: (i) the Actin-Related Proteins ARP2 and ARP3 (Arp2/3) complex, which is regulated by ATP, nucleation promoting factors and actin^{16,17}; (ii) formins, which assemble to allow binding of two actin monomers and accelerate elongation of the rapidly growing ends of actin filaments by both, attracting profilin-bound G-actin and antagonizing the depletion of growing ends through the capping protein (CP)^{18,19}; (iii) and tandem actin-binding domain nucleators (e.g. Spire, cordon-bleu (Cobl), leiomodin (Lmod), JMY and adenomatous polyposis coli (APC)), which promote actin filament initiation through monomeric actin binding to other actin-binding proteins^{20–23}. Thus, multiple signals can regulate the dynamic assembly and disassembly of actin filaments to enable actin cytoskeletal functions in live cells.

1.2 Acto-Myosin Complex

While the dynamic assembly and disassembly of the actin cytoskeleton alone may enable some of its functions, many of its functions described above invariably require the development of mechanical forces on actin filaments, and thus, in individual cells. This is achieved through its interaction with the ATP-dependent motor proteins, myosins, leading to the formation of the actomyosin complex.²⁴ The actomyosin complex is formed between a pair of actin filaments and an individual myosin molecule. In muscle cells, the actomyosin complex is assembled as sarcomeres consisting of long parallel filaments bundled together, and a sliding movement of the actin and myosin filaments against each other upon activation results in decrease in the length of the sarcomere, and ultimately results in muscle contractions.²⁵ In the non-muscle cells such as epithelial cells, myosin II is considered to play a central role in the development of contractile forces through its ATP-dependent motor function.²⁶ Furthermore, its unique ability to assemble into bipolar filaments with motor domains positioned at both ends of the filament, is considered essential for myosin II function when presented to actin filaments of opposite polarity. Furthermore, presence of multiple actin-binding

sites allows myosin II to act as an actin cytoskeleton cross-linker.²⁷ It is important to realize that the development of mechanical forces in the actomyosin complexes is regulated by different signaling pathways both at the cellular and the tissue level.²⁸ Typically, myosin II is activated through myosin light chain kinase-mediated phosphorylation of the myosin light chain that forms a complex with the dimeric myosin heavy chain. Upon activation, myosin II generates contractile forces within the actin filaments. Also, a load-dependent activation results in the polymerization of myosin II under high tension resulting in a greater number of bipolar filaments that enable the actin cytoskeleton to withstand the increased tension.²⁹

1.3 F-actin-Based Cellular Appendages

While the actomyosin complex can take several forms, many of its cellular functions such as cell migration require it to organize into unique sub-cellular domains in the cell membrane protrusions such as the lamellipodia, which are broad cell membrane protrusions, and the filopodia, which are finger-like cell membrane protrusions (Fig. 1).³⁰ Lamellipodia are primarily composed of Arp2/3 driven branched actin networks^{31,32}. Arp2/3 is activated by the Rac subfamily of small GTPases such as Rac1³³ through the regulation of the WAVE regulatory complex.^{34,35} Additionally, the heterodimeric CP, which accumulates close to lamellipodial edges, and actin disassembly factors contribute to the maintenance of lamellipodia^{36–38}.

Filopodia, on the other hand, are usually long cellular appendages, which can grow up to 10 μm in length³⁹, and composed of parallel actin filaments that are compacted into dense bundles by actin cross-linkers⁴⁰. Filopodia formation is induced by the Cdc42 Rho GTPase and are thought to extend by actin incorporation at their tips, and to retract either by rearward pulling of filaments into the cell body followed by their depolymerization⁴¹ or by cofilin-mediated actin filament disassembly⁴². It is interesting to note that a number of proteins including VASP⁴³ and myosin-X⁴⁴ are enriched at the filopodial tip and that thought to regulate actin polymerization locally⁴⁵. Overall, it is clear that these cellular appendages enable cells to physically probe their immediate microenvironment and respond to the cues, both biochemical as well as physical, present in the same.

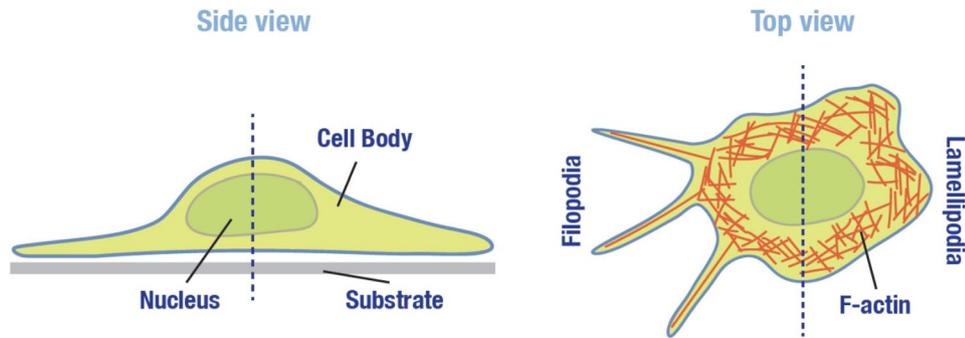


Figure 1: Schematic showing cellular cytoskeletal structures. Left panel: Side view of a cell adhering to a substrate. Right panel: Top view of an adherent cell showing actin cytoskeletal structures - filopodia and lamellipodia. F-actin is shown in red.

2 E-cadherin-Based Cell–Cell Adhesions

One of the significant roles of the actin cytoskeleton is in the regulation of E-cadherin adhesions (also known as adherens junction or zonula adherens) formed by the calcium (Ca^{2+})-dependent interaction of E-cadherin- β -catenin- α -catenin complexes between adjacent cells in the epithelial tissue.^{46–48} Cell–cell adhesions are specialized cellular structures that link the actin cytoskeleton of adjacent cells, and regulate multiple cellular processes including cell proliferation and differentiation, mechanical tension sensing⁴⁹, cell polarity⁵⁰, and entry of cells into quiescent state upon mechanical stimulation⁵¹. At a larger scale, cell–cell adhesion plays a key role in processes such as the sorting of cells required for tissue formation⁵⁰ and contact inhibition of cell proliferation, a phenomenon in which cells stop dividing once they have formed adhesion with neighboring cells⁵², and wound healing⁵³. Located between the tight junctions and desmosomes in the epithelial tissue (and together forming the epithelial junctional complex that ensures selective and regulated diffusion to maintain homeostasis in organs and tissues⁵⁴), E-cadherin adhesions are stable enough to maintain tissue cohesion, but also plastic enough to allow cell rearrangement during development⁵⁵. Importantly, downregulation of E-cadherin gene expression, and thus, a loss of E-cadherin adhesion is a common feature of cancer originating from the epithelial tissue. Furthermore, mutations in E-cadherin that result in a loss of its function could result in cancer metastasis^{56,57}, suggesting a tumor suppressor activity of E-cadherin. We note that a recent report has indicated that certain cancer cells can utilize E-cadherin adhesion for their metastasis to distant organs⁵⁸.

2.1 Molecular Bases of E-cadherin Homodimerization

Mature E-cadherin is a multidomain single pass transmembrane protein consisting of an extracellular domain, a *trans*-membrane domain and intracellular domain. The extracellular domain enables homodimerization of E-cadherin, and is composed of a tandem repeat of 5 immunoglobulin-like domains (extracellular cadherin 1–5 or EC1–5)⁵⁹. Four Ca^{2+} ion-binding sites are present interspersed between the five EC domains, each of which bind three Ca^{2+} ions. Binding of Ca^{2+} ions to these sites makes the E-cad-ECD rigid and is critical for its adhesive activity. Importantly, E-cadherin adhesion is primarily driven by the homodimerization of the E-cad-ECD domains from apposing cells. Also known as the homotypic *trans*-interaction, this relatively low affinity interaction is mediated by the EC1 domains. Biophysical studies have further revealed that the homodimerization goes through a high activation energy barrier for monomer to dimer conversion^{60,61} with a slow monomer–dimer interconversion⁶². Initial encounter between monomers has been suggested to result in a weakly interacting X-dimer intermediate, which is based on the structure of the W2A mutant E-cadherin that crystallizes in this conformation^{62,63}. Mutation in the X-dimer interface resulted in increased stability of E-cadherin molecules at junctions, adding support to an important role of the X-dimer intermediate in the dynamic assembly and disassembly of E-cadherin adhesions⁶⁴. The initial X-dimer is followed by the formation of a stable dimer involving partial swapping of the N-terminal A* β -strand between the interacting monomers⁶².

The swapped strands are anchored by the docking of a Trp (W2) into a pocket in EC1 domains while a positively charged N-terminal residue forms salt bridges in the dimer.^{62,65–67} In agreement with structural data, a mutation of the Trp residue (W2A) results in a substantial decrease in the dimerization affinity of E-cadherin^{62,63}.

2.2 E-cadherin *cis* Interaction and Catch Bond

In addition to the *trans*-interaction described above, E-cad-ECD shows an interaction in *cis* i.e. between E-cadherin monomers arising from the same cell, mediated by residues present in the EC1 domain of one monomer and EC2 domain of the other monomer.^{68,69} Computational as well as experimental results indicate that the *cis*-interaction, although weak as it cannot be detected in solution-based assays⁷⁰, can significantly aid in the assembly of E-cadherin adhesion through the formation of a crystal-like two-dimensional lattice of the *trans*-interacting E-cadherin dimers at the cell–cell interface.^{71,72} Additionally, the X-dimer-mediated E-cadherin homodimerization has been shown to display a catch bond behavior wherein the lifetime of the E-cadherin interaction increases with the application of force with a peak at ~30 pN, which then decreases with additional increase in the applied force.⁷³ Interestingly, this behavior requires saturating Ca²⁺ ion concentration as a decrease in the same results in the loss in the catch bond behavior.⁷⁴ Thus, a combination of these extracellular domain-mediated interactions contribute to the assembly of stable E-cadherin adhesion.

2.3 E-cadherin Intracellular Domain and Mechanical Signaling

The homodimerization of E-cadherin at the extracellular side is coupled to the intracellular actin cytoskeleton through the *trans*-membrane domain, which is rich in Leu residues and may play a role in its clustering⁷⁵, and the intracellular domain. In contrast to the structure of the extracellular domain and the *trans*-membrane domain, the intracellular domain is unstructured in the absence of interacting partners. It directly interacts with the p120- and β -catenin adaptor proteins. However, it has been shown to interact with a large number of other intracellular proteins either through the p120- and β -catenin or by unknown mechanism, thus earning name as a cellular signaling hub.^{76–78} Chief among these is the multidomain adaptor protein called α -catenin that is recruited to cadherin adhesions

through β -catenin. Recent studies have pointed to the mechanosensory role of α -catenin in that it undergoes a force-dependent conformational change from a ‘closed’ to an ‘open’ structure.^{79–81} This results in the accessibility of a cryptic binding site for vinculin, another mechanosensitive adaptor protein homologous to α -catenin, that can also bind F-actin.^{82,83} Thus, an increase in the mechanical tension in the epithelial tissue results in an increased F-actin binding and strengthening of the cadherin adhesion, thus enabling cells to withstand such an increased tension.

3 Role of Actin Cytoskeleton in Cadherin Adhesion Assembly

E-cadherin at the cell–cell adhesion formed between epithelial cells is organized into micron scale clusters, which are flanked by actin–myosin II bundles located immediately next to the junctional plasma membranes (Fig. 2)^{84,85}. These clusters have been further resolved into high density nanometer-scale clusters using super-resolution (3 dimensional-Stochastic Optical Reconstitution Microscopy; 3D-STORM) microscopy^{86,87}. Importantly, the molecular density of E-cadherin at these nanoscale clusters and the size of the clusters are regulated by the extracellular (through the *cis*-interaction) and the intracellular domain (through the actin cytoskeleton), respectively.^{86,87} Such clustering has also been observed through Fluorescence Correlation Spectroscopy (FCS) measurements in cells adhering to supported lipid bilayers in hybrid live cell-supported lipid bilayer experiments as evidenced by a significantly large reduction in the diffusion coefficient of E-cadherin.^{48,88–93} However, a fundamental observation made with the super-resolution microscopy is the presence of the nanoscale clusters in the absence of extracellular domain interactions (either *trans* or *cis*) as well as in the extracellular domain deleted mutant, suggesting that these are the building blocks of E-cadherin adhesion and that the actin cytoskeleton can cause E-cadherin clustering on its own.⁸⁶ The latter agrees well with the observation of cadherin clusters in the single cell *Caenorhabditis elegans* embryos.⁹⁴

While it could dimerize in solution, E-cadherin adhesion assembly is an active process requiring cellular energy based on the observation that a reduction in ATP levels through inhibition of cellular glycolytic pathway results in a loss in adhesion assembly⁸⁸. Furthermore, it requires active myosin II generated tension since blebbistatin treatment of the cells results in a

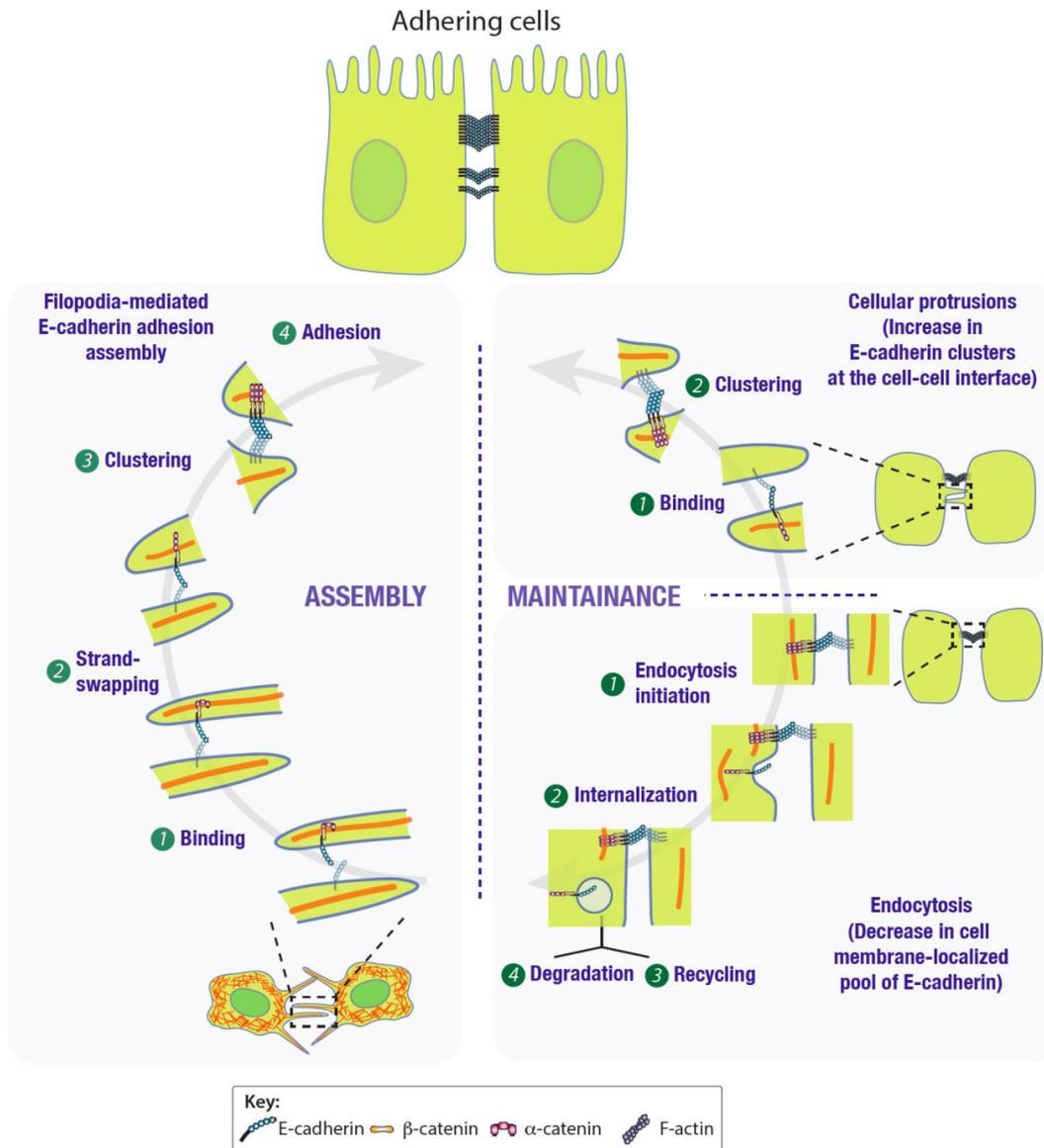


Figure 2: Schematic highlighting the role of actin cytoskeleton in the assembly and maintenance of cadherin adhesion. Top panel: Schematic of neighboring cells adhering through E-cadherin. Bottom panel: E-cadherin adhesion assembly begins with the initial interaction of E-cadherin monomers resulting in the formation of weakly bound X-dimers. Application of physical forces by the actin cytoskeleton (i.e. filopodia) leads to the maturation of the E-cadherin dimerization (i.e. strand swapping) which ultimately leads to the formation of an E-cadherin cluster through actin cytoskeletal-mediated physical movement of individual E-cadherin monomers during retraction of filopodia. Assembled E-cadherin adhesion is maintained by a combination of cytoskeletal activities such as filopodia formation and retraction and internalization of E-cadherin clusters through endocytosis.

loss in adhesion assembly.^{90,95} The initial interaction between two cells occurs when filopodia from opposing cells come in contact and initiate E-cadherin interaction and clustering^{96,97}, a phenomenon that is consistently observed in several model organisms such as nematodes, flies and mouse embryos^{98–100}. This interaction is regulated by Cdc42^{101,102} and formin-dependent actin

polymerization^{53,103}. Following E-cadherin interaction between two cells, an expansion of the contact region between cells takes place through the Rac1-induced and Arp2/3-dependent lamellipodial activity^{104,105}. The cell response to cadherin activation is characterized by two main features, including the induction of lamellipodium protrusions, and the reorganization of

E-cadherin- β -catenin- α -catenin complexes and actin filaments in cadherin adhesions. The reorganization of the cytoskeletal machinery is tightly controlled by the activities of actin nucleating proteins, such as Arp2/3 complex and formin-1, as well as Rho GTPases.^{106–110} Furthermore, recruitment of p120 protein to the membrane is also essential for these cell responses, thus, making it a major player in Rac1-dependent extension and maturation of cell adhesions.¹¹¹ Importantly, cells can sense and react to differences in the stiffness of the E-cadherin functionalized substrates by changing the distribution of traction stress and strain on the substrate.¹¹² These assays were performed using the polyacrylamide gels functionalized with the extra-cellular domain of E-cadherin and the elastic moduli ranged from 30 to 60 kPa to simulate the in vivo environment. The morphology and the dynamics of epithelial cells were found to change depending on the elastic moduli of the substrate. Furthermore, fluorescence and traction force microscopy of the cells revealed morphological changes corresponding to the stiffness of the substrates as well as the variation in the distribution of stress as the adhesion assembly proceeds.¹¹²

Further clarification on the role of filopodia in the assembly of E-cadherin adhesion came from experiments performed with E-cadherin functionalized supported lipid bilayers wherein epithelial cells extended filopodia on the bilayer and retraction of the same coincided with E-cadherin clustering on the bilayer (Fig. 2).^{48,88–93} This was made possible by the simultaneous monitoring of filopodia through Reflection Interference Contrast Microscopy (RICM), which allows observation of objects close to the glass substrate, and epi-fluorescence imaging of the fluorescently labeled E-cadherin molecules on the bilayer. The role of filopodia was further confirmed by the loss of E-cadherin adhesion assembly by the treatment of cells with Cdc42 inhibitor which causes loss of filopodia formation.⁸⁸ Additionally, these reconstitution experiments revealed a dependence of the adhesion assembly on the diffusive mobility of E-cadherin on bilayers, i.e. cells readily assembled adhesion on low mobility, viscous bilayer while they failed to do so on high mobility, fluid bilayers.⁸⁸

The hybrid live cell-supported lipid bilayer experiments also provided insights into the mechanism of α -catenin activation at E-cadherin adhesions.^{48,88–93} While several lines of evidence including conformation-specific antibody staining⁷⁹, single molecule force measurement with either the isolated protein⁸³ or a

complex of E-cadherin- β -catenin- α -catenin¹¹³ and live Fluorescence Resonance Energy Transfer (FRET)-experiments¹¹⁴ has indicated that α -catenin undergoes a force-dependent ‘close’ to ‘open’ conformational transition, which is important for high affinity F-actin binding¹¹³. However, the mechanism by which α -catenin is conformationally activated at the first place was not clear. The bilayer reconstitution experiments revealed that the filopodia retraction-mediated micron scale clustering of E-cadherin correlates well with α -catenin conformational activation as a reduction in the cluster size through fabrication of metal nano-grids, which act as barriers for free diffusion and movement of molecules on the bilayer,^{88–93} resulted in a decreased α -catenin activation⁸⁰. Furthermore, once activated, α -catenin stayed in the active conformation even after reduction in the cellular actomyosin tension achieved through treatment of cells with the ROCK kinase inhibitor, Y-27632.⁸⁰ This could be made possible either a post-translational modification of α -catenin e.g. phosphorylation of specific residues¹¹⁵ or binding of α -catenin interacting proteins such as α -actinin¹¹⁶. These posit that perhaps α -catenin explores the ‘open’ conformation in the absence of interaction of F-actin and, thus, application of force,^{81,117–120} and, thus, binding of F-actin to these α -catenin initiates E-cadherin clustering through application of mechanical force, especially on viscous bilayers,⁸⁸ which perhaps results in the activation of more α -catenin molecules as seen in the staining experiments. Additionally, binding of vinculin, which is seen to specifically associate with E-cadherin clusters at the cell periphery,⁸⁰ to the conformationally activated α -catenin molecules could further strengthen the interaction of the E-cadherin- β -catenin- α -catenin complex with the F-actin and thus efficient clustering leading to the formation of mature E-cadherin adhesion.

4 Actin Cytoskeletal Regulation of E-cadherin Adhesion Maintenance

Unlike many other types of transient interactions observed between cells such as interaction between immune cells, E-cadherin-mediated cell-cell adhesions are relatively long lived and therefore, require maintenance. It is a dynamic process and involves multiple mechanisms (Fig. 2). First, the *cis*-interaction plays a significant role in the stabilization of E-cadherin clusters at the cell-cell adhesions as mutation of the residues at the *cis*-interaction interface results in an increased dynamics of E-cadherin clusters^{68,69}. Second,

radial actin bundles associated with E-cadherin clusters during the assembly are replaced by finer perijunctional actin belts at contact sites and by thick bundles at the contact edges through the action of actin regulators such as Rac1, Cdc42, Abl kinase, Arp2/3 and Cortactin¹²¹, leading to the expansion and stabilization of cell–cell contact. Third, the F-actin-based cellular appendages continue to generate cadherin clusters in already adhering cells. For instance, with the help of thin-section electron microscopy and live cell imaging in adherent MDCK cells, Li et al., have shown that filopodia (microspikes) formed on the apical regions of the adjacent cells push the lateral membranes so as to keep cadherins in contact¹²². Using the mixed cultures of stable cells expressing E-cadherin-GFP and E-cadherin-mCherry, they have also shown that filopodia project cadherins into the adjacent cells, thereby repairing the cadherin adhesive junctions. The immunofluorescence results have shown that the actin assembly factors, Arp2/3, EVL, and CRMP-1 is required for actin protrusion¹²². The dysregulation of actin protrusive activity might lead to pathophysiological conditions such as cancer progression. Also, newer E-cadherin clusters formed on the lateral membrane of the cell can translocate up to join the apical clusters, thus stabilizing the adhesion.¹²³ Fourth, E-cadherin clusters at the adhesion could be endocytosed through both clathrin-dependent and -independent endocytosis as well as macropinocytosis.^{124,125} Activation of Rac1 and Cdc42 and the actin-binding protein, IQGAP1, inhibits the E-cadherin endocytosis¹²⁴ while actin remodeling by RhoA promotes its endocytosis through Dia and AP2 adaptor proteins¹²⁶. p120 catenin is also a regulator of clathrin-dependent cadherin internalization by binding to the cytosolic domain of E-cadherin.¹²⁷ p120 catenin is considered as an important regulator of E-cadherin trafficking by masking the docking sites for endocytic adaptor proteins and for proteasomal degradation by E3 ubiquitin ligase such as Hakai.^{128,129} Internalized E-cadherin is either recycled to the plasma membrane through endocytic adaptor proteins such as Rab11¹³⁰ or directed to lysosome for degradation. Together, these highlight the role of actin cytoskeleton in the maintenance of E-cadherin adhesion.

5 Conclusions

The dynamic actin cytoskeleton, in conjunction with myosin proteins, regulates several aspects of E-cadherin-mediated cell–cell adhesion (Fig. 2).

Starting with the assembly of E-cadherin adhesion, the F-actin-based cellular appendages such as filopodia and lamellipodia enable the initial interaction of cells that leads to the formation of E-cadherin clusters. This involves mechanical activation of α -catenin adaptor protein. These initial clusters then assemble into larger and more stable clusters leading to the assembly of mature adhesions. On the maintenance side, the actin cytoskeleton continues to play a key role by regulating processes such as E-cadherin endocytosis and extension of cellular appendages between adjacent cells. While we have briefly elaborated these processes in the current article, much remains to be explored in the future in relation to the role of the acto-myosin complex in the assembly and maintenance of E-cadherin adhesion. For instance, the mechano-regulation of E-cadherin clustering and endocytosis by cytoskeleton, the cytoskeletal alterations during loss of E-cadherin and the signaling mechanisms associated with E-cadherin assembly and maintenance are yet to be explored in detail. In this regard, novel technological advancements such as the use of synthetic substrates, single molecule assays and super-resolution microscopy is expected to provide further insights into the mechanisms of E-cadherin adhesion assembly and maintenance. For instance, a combination of the use of micropatterned membrane substrates and single molecule assays could potentially provide a dynamic picture of mechanical signal transduction at the molecular level and with high temporal resolution, details that are currently missing in the literature. Such insights are expected to help us understand the fundamental basis as well as evolution of E-cadherin adhesions, and thus, aid in our understanding of fundamental processes at the tissue level such as collective cell migration and at the organism level such as development and organogenesis.

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Acknowledgements

This work is supported by an internal funding from the College of Health & Life Sciences, Hamad Bin Khalifa University, a member of the Qatar Foundation. A.M.G. and S.R. are supported by a postdoctoral fellowship and scholarship from the College of Health & Life Sciences, Hamad Bin Khalifa University, a member of the Qatar Foundation, respectively.

Author Contributions

K.H.B. conceived the article and prepared the figures. All authors contributed in writing the article.

Compliance with Ethical Standards

Conflict of Interest

The authors declare no conflict of interest.

Ethics Approval

Not applicable.

Consent to Participate

Not applicable.

Consent for Publication

The authors approve of this publication.

Received: 11 October 2020 Accepted: 19 November 2020

Published online: 9 January 2021

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